

**Length:** 60mins (presentation only), 90mins (includes practical exercises)

**Delivery Option:** Face-to-Face, Virtual



**Disclaimer:** This presentation / workshop provides general education aimed at improving financial literacy. The information delivered does not constitute personal financial advice.

# MONEY MANAGEMENT 101:

## Tips and Strategies for Success

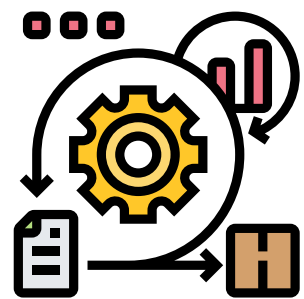
### INTRODUCTION:

Managing money effectively is a critical skill for achieving financial success and stability. From creating a budget to minimizing expenses to maximizing income, there are many practical techniques for managing money and achieving financial goals.

In this session, individuals will learn about practical techniques for managing money, such as creating a budget, tracking expenses, and exploring different savings options. They will also learn about strategies for increasing income, such as negotiating salaries and pursuing side hustles.

### Content Outline:

- Understanding your financial situation and setting financial goals
- Creating and sticking to a budget plan
- Reducing expenses and increasing income
- Building and maintaining an emergency fund
- Paying off debt and avoiding future debt
- Investing for the future



### Methodology:

- Interactive group discussion and activities
- Review of real-life examples and case studies
- Hands-on exercises to create a budget plan and set financial goals\

### Conclusion:

By the end of the session, participants will be equipped with the knowledge and tools they need to take control of their finances and achieve their long-term financial goals. They will have the confidence to make informed decisions about their finances and the ability to plan for their financial future.